

Date: 1/6-9/15 **Grade:** 6th-8th **Subject:** P.E. and Health

GPS: P.E.3: Students participate in regular physical activities.
P.E.4: Students will achieve a health enhancing level of physical fitness.

Essential Question: Why is warm-up exercises important in P.E.?

Preview Skill / Vocabulary:

Activating Learning Strategies:			Cognitive Teaching Strategies (the actual lesson):		
<input type="checkbox"/> LINK	<input type="checkbox"/> Structured Notes	<input type="checkbox"/> 5-3-1	<input type="checkbox"/> Lecture	<input type="checkbox"/> Graphic Organizer	<input type="checkbox"/> Poems, Rhymes, Lyrics
<input type="checkbox"/> KWL	<input type="checkbox"/> Possible Sentence	<input type="checkbox"/> Think-Pair-Share	<input type="checkbox"/> Reading	<input type="checkbox"/> Pictograph	<input type="checkbox"/> Acronyms/Word Links
<input type="checkbox"/> Survey	<input type="checkbox"/> Concept Map	<input type="checkbox"/> Vocab. Overview	<input type="checkbox"/> Model	<input type="checkbox"/> Diagram	<input checked="" type="checkbox"/> Hands-on
<input type="checkbox"/> First Word	<input type="checkbox"/> Frayer Model	<input type="checkbox"/> Brainstorm	<input type="checkbox"/> Mind Map	<input type="checkbox"/> Visual Chain	
<input type="checkbox"/> Word Map	<input type="checkbox"/> Anticipation Guide	<input type="checkbox"/> Brainstorm & Category	<input checked="" type="checkbox"/> Other _____		
<input type="checkbox"/> Word Splash	<input type="checkbox"/> Draw and Picture	<input type="checkbox"/> Circle Map			
<input type="checkbox"/> KWL Plus	<input type="checkbox"/> Directed Rdg/Thinking Act	<input type="checkbox"/> Other _____			

Procedural Content - Application / Activity	Monday	Tuesday	Wednesday	Thursday	Friday
	Inservice Day	Roster Check, rules, procedures, go over course syllabi, and schedule for the class. Line class up for group exercises and cardio time.	Danish Rounds- Students will complete stretching exercises and Cardio and then play kickball game.	Capture the Flag- Students will complete exercises and cardio then play game. Points awarded for successful capture.	Game day- Students will play dodgeball game against other class.

Reteaching, Enrichment, Acceleration: Clarify rules	Assessment: <input type="checkbox"/> Rubric <input checked="" type="checkbox"/> Coach Commentary _____	<input type="checkbox"/> Questioning <input type="checkbox"/> Informal	Differentiation: Extra time, varied strategies, rule modification, gender equity
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Summarizing:	<input type="checkbox"/> Ticket Out the Door <input type="checkbox"/> The Important Thing	<input type="checkbox"/> Study Cards <input type="checkbox"/> Exit Cards	<input type="checkbox"/> 3-2-1 <input type="checkbox"/> Learning Log	<input type="checkbox"/> + - Interesting <input checked="" type="checkbox"/> Teacher Questions	<input type="checkbox"/> Pass out of class <input type="checkbox"/> Other _____
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Extending and Refining:			
<input checked="" type="checkbox"/> Cause and Effect	<input type="checkbox"/> Compare and Contrast	<input type="checkbox"/> Analyzing	<input type="checkbox"/> Inductive Reasoning
<input type="checkbox"/> Classifying	<input type="checkbox"/> Writing Prompt	<input type="checkbox"/> Error Analysis	<input type="checkbox"/> Deductive Reasoning
<input type="checkbox"/> Abstracting	<input type="checkbox"/> Constructing Support	<input type="checkbox"/> Other _____	

